

STEPHANOS GREGORIOU

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QUALIFICATIONS

- Successful working experience as a scrub nurse
- Thorough knowledge to prepare a patient for surgery
- Exceptional knowledge of direct working with a surgeon
- Skilled in accessing patient's condition accurately and ability to monitor vital signs
- Excellent nursing skills in preparing surgery room, instruments and patients
- Strong interpersonal, listening, verbal and written communication skills

WORK EXPERIENCE

November 2016 – Present

Operating Theater Surgical scrub Nurse at American Medical Center, Nicosia

- Assessing patients prior to surgery and alleviating their concerns
- Manage to check, prepare and assemble equipment in the operating room
- Position and prepare patient on operating table
- Assist in draping the patient aseptically according to routine procedure
- Handle and prepare operating instruments and equipment within the sterile field; assist the surgeon by passing instruments, sponges and other items needed
- Work directly with doctors on surgery, helping to control bleeding, watching for signs of complications, performing stiches, applying bandages.

August 2013 – October 2016

Surgical (OR) Nurse at Apollonion Private Hospital, Nicosia

Main duties involved:

- Work under sterile conditions, sterilize and set up surgical tools
- Prepare the operating room and help other members of the surgical team put on sterile gowns, gloves and masks
- Handle and prepare operating instruments and equipment within the sterile field; assist the surgeon by passing instruments, sponges and other items needed
- Coordinate with the members of the surgical team

January 2010 – July 2013

National Hospitals Cyprus - Nursing Placement

I completed 24 months of placement in National Hospitals in various Units. Units included: Surgical unit, Urology unit, Nephrology unit, Pulmonary unit, Orthopedic unit, Psychiatric unit, Children oncology unit, Community practice, Hematology unit, Maternity unit, Intensive care unit, Cardiac unit and First aid unit.

- My placement included working as a trainee nurse
- offering support to the nursing staff
- observing and learning nursing responsibilities and procedures in the different wards including operations.

EDUCATION

April 2020

Enhanced Surgical Skills

Edge Hill University Uk

Legal, professional and ethical issues, Principles of Local anaesthesia and Techniques, Surgical knots, needles and suture materials, Wound drainage and closure, Haemostasis and electrosurgery.

October 2019

Surgical First Assistance in operative procedures

Pre- and post-operative visits, Positioning of patient, Skin preparation, Draping of the patient prior to surgery, Assisting with surgical haemostasis, Handling of instruments including camera holding for minimal invasive surgery, Handling and retracting tissue and organs, Assisting with the cutting of sutures and ties, Application of dressings, Transfer of patient to post anaesthetic care unit/recovery, Male and Female catheterisation, Legal, Ethical and Professional issues.

2009 – 2013

Bachelor in Nursing, Cyprus University of Technology

Main subjects included

Human Anatomy, First aid, Microbiology and Infectious control, Pathophysiology, Psychology, Communication Skills, Pharmacology, Gerontological Nursing, Community nursing, Childcare nursing, Mental Health Nursing, Intensive care Nursing, Oncology.

2004 – 2007

High School Apolytirion,

Agios Georgios Lyceum, Nicosia

OTHER SKILLS

Research: Information searching both in paper journals and on the Internet and Library based research as well as Laboratory research

Teamwork: I have undertaken many team projects within both academic and non-academic environments.

Communication: My degree course greatly enhanced my written and verbal communication skills. I have undertaken various oral presentations including communicating with the general public. I also have good report writing skills.

Computer skills: I have excellent knowledge and experience on Windows XP, MS Word, Ms Excel, MS PowerPoint and using the email and the internet.

INTERESTS

From the age of 12 until my early 30s I was an active athlete of the Cyprus national men's team in table tennis, with many participations in World Championships, European Championships and Commonwealth games.

I enjoy traveling in places that I have not been and discovering new cultures and lifestyles of other countries.

OTHER INFORMATION

I hold a current full clean driving license.

Completed 2 years of army service at the Artillery.